

Catch The Latest Summer Travel Trends

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We have culled the industry's top trends to share insights on what's motivating today's traveler.

WELLNESS ESCAPES

Wellness continues to be a growing theme for travelers, whether it's unique spa treatments, yoga and meditation retreats or taking advantage of the great outdoors. **CastaDiva Resort & SPA**, located on the picturesque Lake Como, is **debuting a new Spa menu** with more personalized treatments, experiences, and rituals to satisfy guests' needs. **Mahogany Bay Resort & Beach Club**, the newest luxury resort on Ambergris Caye, Belize, boasts an onsite wellness center **Science & Soul Wellness** offering a number of **revitalizing retreats** like the upcoming Ashtanga Yoga Intensive Retreat Training designed to rejuvenate the body, de-stress the mind and the nourish the soul. Become one with nature at the resort's exclusive **new Beach Club**, ideally located on the largest untouched span of white sandy beach on Ambergris Caye. **Forte Village Resort** located in one of only five "Blue Zones" in the world, is unveiling a **brand new Private Thalassotherapy SPA**, with three Thalasso pools, double massage area, sensory showers, and more set in a lush garden.